#### Why Use Task Cards?

- Task cards are low prep.
- Task cards provide prompts for students to engage in discussion with the instructor or other students about a specific topic.
- Task cards provide an opportunity to check how much your students understand about a specific topic. This can be done before or after a lesson.

#### How To Use Task Cards

Task cards can be used for a variety of purposes. Here are some options for use:

1) Use in a small group by having each student choose and answer 1-2 cards per session.

2) Have students choose card(s) and record their answers using the answer sheets provided. These can be collected as an "exit ticket" to gauge understanding or collect data.

3) Use as part of a game. While playing a non-counseling game, have the students periodically choose and answer a card. For example, every time a player rolls a certain number, or plays a certain card, he/she has to choose and answer a task card.

4) Select a card and read it to students. Have them write their answer on individual white boards, and then discuss their answers.

5) Use as part of a journal or interactive notebook activity.

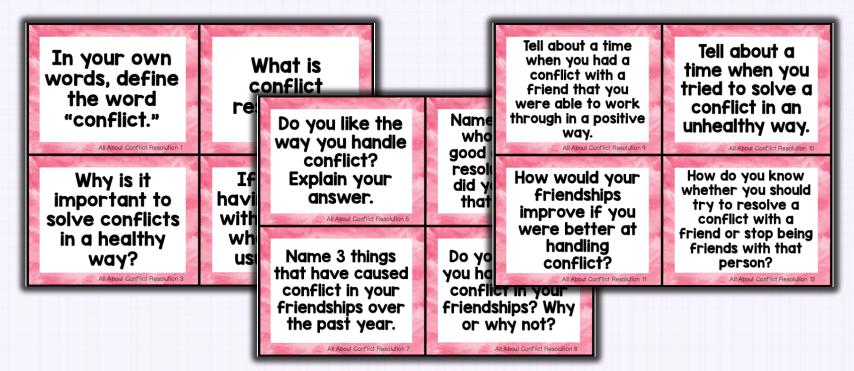
These cards can be used in individual, small group or classroom lessons.

#### How To Use Task Card Recording Sheets:

These response sheets can be used in various ways.

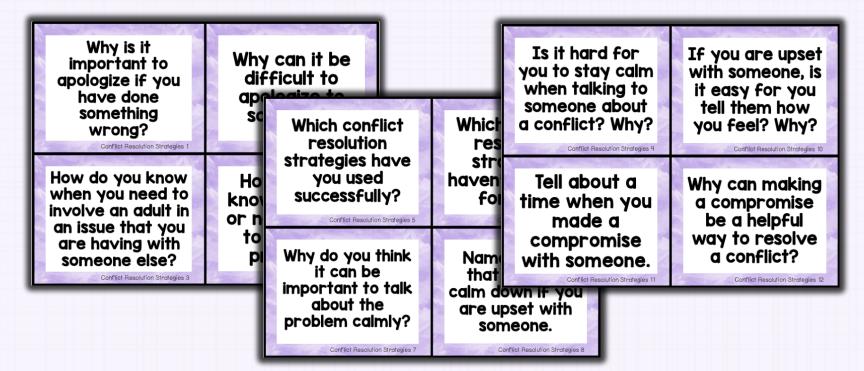
- 1) At the end of a lesson or session, have each student respond to 1-2 task cards and record their responses as an "exit ticket."
- 2) Students can respond to 2-4 task cards, and then discuss their responses with the class or a partner.
- 3) Students can respond to 4+ task cards as a way to asses the students' understanding of the topic.

## Includes I2 "All About Conflict Resolution" Task Cards



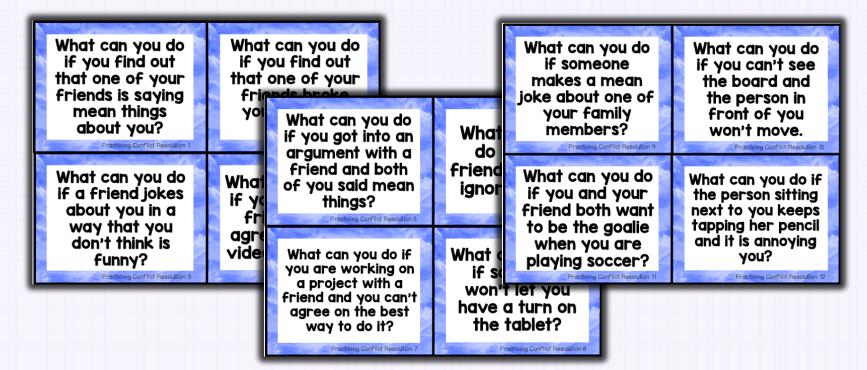
Students will consider what conflict resolution is, why it's important and will reflect on the way they handle conflict.

### Includes 12 "Conflict Resolution Strategies" Task Cards



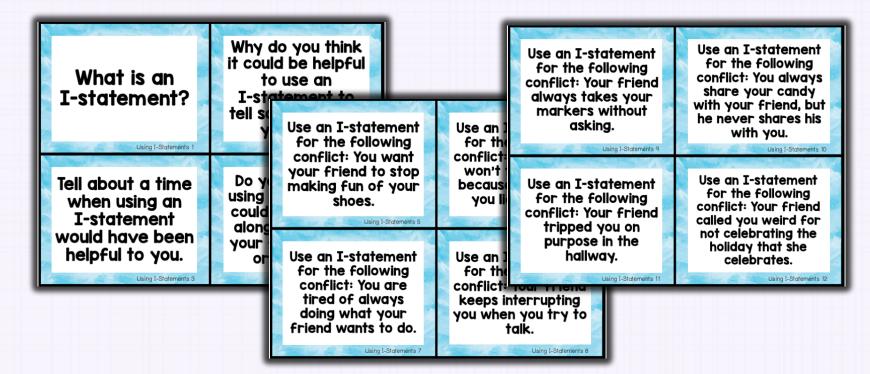
Students will reflect on various conflict resolution strategies and consider why they are important.

## Includes I2 "Practicing Conflict Resolution" Task Cards



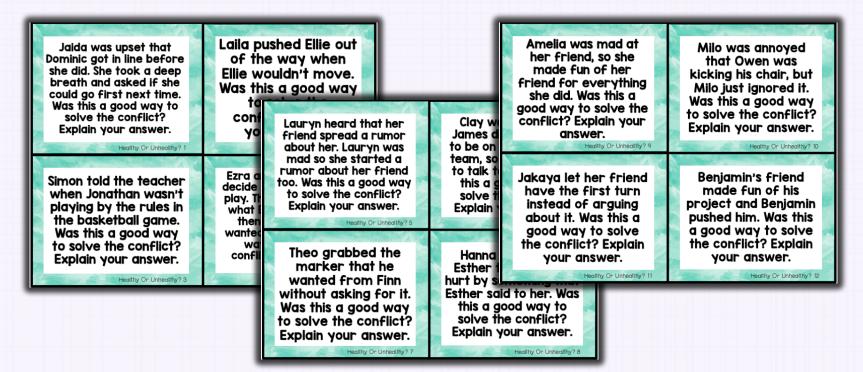
Students will look at various scenarios and consider how they could resolve the conflicts in a positive way!

## Includes 12 "Using I-Statements" Task Cards



Students will look at various scenarios and consider how they could use I-statements to express how they feel.

## Includes 12 "Healthy Or Unhealthy?" Task Cards



Students will look at 12 situations and determine whether they describe a healthy or unhealthy way to deal with conflict.

# Includes 3 Task Card Response Sheets

Name: Card #	Card # Card #		Choose four task cards and record your answers below.	
Answer:	Answer:	Choose two task cards and rec	Card # Answer:	Card # Answer:
Name:	Card #	Card #		
Card #	Care		Card # Answer:	Card # Answer:
	Name:	Choose two task cards and rec		
		Card # Answer:		

Students can record their responses to either 1, 2 or 4 task cards. These are great to use as exit tickets to gauge your students understanding!

# Includes Sample Responses

#### "Conflict Resolution Strategies" Task Card Sample Answers L Yes. I can't tak colmty because I am so upset with the person.

No. I just want to yell at them.
 I wanted bacon on my pizza and my friend wanted pepperoni, so we gat

 I wanted ba pepperoni.

4. Both people can get a little bit of what they want – it can make 5. It can show the other person that you are willing to work throu about the friendship. It can help them feel ready to apologize for 6. Apologizing means admitting that you did something wrong, w feel like you are admitting to being weak.

 If someone is unsafe, or if you have tried to work it out on you involve an adult.

8. If the problem is a small problem and if no one is being hurt ( helpful to ignore a problem. If you are just feeling a little bit and sometimes be a good strategy.

9. Taking turns. Using I-statements. Apologizing.

IO. Yelling at someone. Accusing them of doing wrong. Not lookin perspective.

I. If people are upset, they may say something they don't mean see the problem from someone else's perspective.

12. Take deep breaths. Walk away from the situation for a minu

Please note that the answers to the task cards will likely vary, a provided to give you ideas of what to be looking for. For many answer.



 Conflict is when two people disagree about something, or are
 Conflict resolution is how you work through your disagreement resolution is when this is done in a positive way, leading to resolut
 Healthy conflict resolution is important because it can save fri

- everyone feel important and valuable. 4. Avoid it. Pretend that everything is okay. Do whatever the ot
- 5. No, because I never end up getting what I want. 6. Mr. and Mrs. Andrews. They take a break until they are ready
- issue. 7. When my friend spread a rumor about me. When my friend w
- I made fun of someone's art project.
- Yes. I feel like my friends and I are always mean to each othe Q. When I accidentally pushed my friend, I apologized and she fo IO. When I was mad at my friend for starting a rumor about me, to my other friends.
- I. We would all be nicer to each other and happier.
  I2. If someone is being repeatedly disrespectful and isn't w
- time for some separation.

Please note that the answers to the task cards will likely vary, and that the sample answers are only provided to give you ideas of what to be looking for. For many of the cards, there is no right answer.

#### "Using I-Statements" Task Card Sample Answers

L An I-statement is a peaceful way to communicate how you feel. I feel \_\_\_\_\_ when \_\_\_\_\_, I

2. It is a way to express how you feel in a way that doesn't accuse the other person. It is a clear and direct message, but isn't defensive or rude.

3. When my friend was ignoring me, I was able to tell her how I felt by using an I-statement.

- 4. Yes. It would help us talk about our feelings in a more calm and peaceful way.5. I feel hurt when people make fun of what I wear. I want you to use kind words.
- Teel nurt when people make run of what I wear. I want you to use kind word
  I feel frustrated when you won't listen to me. I want to be able to talk to you.

7. I feel frustrated when we always do what you want to do. I want to be able to do what I want

to do sometimes too.

8. I feel disrespected when I can't get my thoughts out. I want to be able to talk without being interrupted.

 $\boldsymbol{q}_{\!\!\!\!\!\!\!\!\!}$  I feel angry when people take my things without asking. I want you to ask before you take something of mine.

**IO.** I feel sad when you don't share with me. I want us both to be able to share our things with each other.

I felt embarrassed when you tripped me. I want to be respected by you.

 $\ensuremath{\text{I2.}}\xspace$  I feel angry when people don't respect my family's culture. I want to be able to celebrate our differences.

Please note that the answers to the task cards will likely vary, and that the sample answers are only provided to give you ideas of what to be looking for. For many of the cards, there is no right answer.

The sample answers are designed to help give you and your students guidance if you aren't sure how to answer. All answers will vary.